

Go-Bag Packing List

For High-Threat Environments

A **go bag** is essential for individuals working in high-risk environments, particularly those in dangerous contexts where quick evacuation may be necessary. Here's a list of items to pack in a go-bag to ensure you're prepared for emergencies.

If there are items you cannot pack in advance, make a list of things you would want to grab if you had to evacuate (e.g., laptops, passports and money out of the safe) —and place this list on top of your bag.

Identification and Important Documents <ul style="list-style-type: none">○ Passport (and a photocopy of it)○ National ID, work permits, or other identification○ Copies of any critical documents (e.g., visas, contracts, insurance)○ Encrypted USB drive with copies of important digital files○ Passwords securely stored or written in code○ Backup of critical work data○ Emergency contact list (both physical and digital copies)○ Local maps (in case mobile service is down)	Clothing and Personal Items <ul style="list-style-type: none">○ A change of clothes (quick-dry and weather-appropriate)○ Sturdy shoes or boots○ Compact rain jacket or poncho○ Hat and scarf (for sun or cold protection)○ Toiletries (toothbrush, toothpaste, wet wipes, hand sanitizer, etc.)○ Small towel○ Photos of loved ones○ Entertainment (book and deck of cards)
Money and Banking <ul style="list-style-type: none">○ Cash in local currency and USD/EUR (for flexibility in case banks are down)○ Credit/debit cards	Basic Survival Gear and Food/Water <ul style="list-style-type: none">○ Lightweight flashlight or headlamp with extra batteries○ Multi-tool or Swiss Army knife○ Waterproof matches or a lighter○ High-energy snacks (e.g., protein bars, nuts, dried fruit)○ Bottled water or a collapsible water bottle
Communication Essentials <ul style="list-style-type: none">○ Fully charged phone and portable charger (with international plug adapters)○ Backup battery or solar charger for electronics○ Satellite phone (if in an area with unreliable cellular service)○ Prepaid SIM card or a mobile hotspot	First Aid and Medical Supplies <ul style="list-style-type: none">○ Personal medications (enough for at least a week)○ A basic first-aid kit (bandages, antiseptic, pain relievers, etc.)○ Prescription glasses/contact lenses and solution○ Rehydration salts and water purification tablets

Packing Tips:

- **Waterproof bag or case:** Use a waterproof bag or pouch for important items, especially documents and electronics.
- **Lightweight and compact:** Aim to pack light but be prepared for at least 72 hours.
- **Accessibility:** Keep the go bag in a place where you can grab it quickly if needed, such as near an exit or in your vehicle.